



MENTAL HEALTH

- Associate of Science
- College Certificate

About The Program

Students in the Mental Health Program study the fundamentals of mental health with a concentration in such areas as group process, social science, psychopathology and preventive and rehabilitative therapies. Clinical and classroom training familiarizes students with the delivery of services to adult clients. Students also study interviewing techniques and the dynamics of interpersonal relationships. The curriculum is designed for those who desire employment in human service settings. This program offers two options: college certificate and Associate of Applied Science degree.

Admission Requirements

Students are required to complete the following:

- Fulfill all WCCCD admission requirements.
- Declare intent to enter the program on the WCCCD admissions application.
- Fulfill course placement requirements based on the COMPASS test and recommended prerequisite classes.

Associate of Science Degree Requirements

GENERAL EDUCATION COURSES

ENG 119	English I	3
ENG 120	English II	3
	Humanities Requirement	3
	Natural Science with Lab	4
PSY 101	Introductory Psychology	3
SPH 101	Fundamentals of Speech	3
	- OR -	
SPH 105	Improving Speaking Voice	3
AAS 131	American Government and the African-American Struggle	4
	Social Science Requirements	3

CAREER COURSES

HUS 105	Group Interactional Experiences For Self Growth I	3
HUS 110	Introduction to Human Services	3
HUS 120	Group and Social Process I	3
HUS 135	Professionalism in Human Services	3
HUS 206	Creative Activities & Recreation	3
	- OR -	
RL 110	Recreation Leadership Techniques	3
HUS 220	Group and Social Process II	3
HUS 235	Life Styles of Aging	3
	- OR -	
GER 125	Mental Health and the Aging	3
MEH 110	Individual & Group Techniques I	3
MEH 140	Mental Health Legal Information	3
MEH 144	Field Work I: Placement	4
MEH 210	Individual and Group Techniques II	3
MEH 226	Field Work II: Placement	4
MEH 240	Psychopathology & Behavior I	3

PROGRAM TOTAL CREDITS 67

* Program totals may not include prerequisite work.

College Certificate Requirements

GENERAL EDUCATION COURSES

ENG 119	English I	3
PSY 101	Introductory Psychology	3

CAREER COURSES

HUS 105	Group Interactional Experiences For Self Growth I	3
HUS 110	Introduction to Human Services	3
HUS 120	Group and Social Process I	3
HUS 135	Professionalism in Human Services	3
HUS 206	Creative Activities & Recreation	3
	- OR -	
RL 110	Recreation Leadership Techniques	3
HUS 220	Group and Social Process II	3
HUS 235	Life Styles of Aging	3
	- OR -	
GER 125	Mental Health and the Aging	3
MEH 110	Individual & Group Techniques I	3
MEH 140	Mental Health Legal Information	3
MEH 144	Field Work I: Placement	4
MEH 210	Individual and Group Techniques II	3
MEH 226	Field Work II: Placement	4
MEH 240	Psychopathology & Behavior I	3

CERTIFICATE TOTAL CREDITS 47

* Certificate totals may not include prerequisite work.

District Office

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