Course Syllabus
Wayne County Community College District
DT 210   Nutrition Assessment Laboratory

CREDIT HOURS:  2.00

CONTACT HOURS:  .00

COURSE DESCRIPTION:
Students learn various assessment methods and practice techniques for gathering data, integrating the findings and forming nutrition care plans. Practice labs include interactive computer simulations as well as individual client interviews and counseling under the supervision of a registered dietitian. This course is structured as a one-hour seminar and two-hour lab.

PREREQUISITES:  DT 130

EXPECTED COMPETENCIES:
Upon successful completion of this course, the student will:

- Understand the Nutrition Care Process
- Practice the skills needed to use the Nutrition Care Process.
- Recognize the basic methods used in clinical nutrition assessment.
- Analyze a patient data base.
- Develop problem lists and actions
- Design nutrition intervention plans.
- Relate drug-nutrient interactions to nutrition care.
- Discern the importance of food, as the preferred contributor of nutrients essential to sustaining life and maintaining good health.
- Use computer technology.
- Recognize appropriate resources for nutrition information.
- Demonstrate effective interviewing techniques.
- Interpret laboratory values as indicators of nutrition status.
- Develop appropriate client education resources.
- Demonstrate professional conduct.
- Demonstrate knowledge of nutrition concepts in patient care.
- Demonstrate ability to adapt nutrition concepts to client needs.
- Demonstrate professional attitude in counseling clients.
- Demonstrate critical thinking skills.

ASSESSMENT METHODS:
Student performance may be assessed by examination, quizzes, case studies, oral reports, group discussion, written reports or presentations. The instructor reserves the option to employ one or more of these assessment methods during the course.

GRADING SCALE:
A  = 94% to 100%
B = 87% to 93%
C = 80% to 86%
D = 73% to 79%
E = less than 72%