Course Syllabus
Wayne County Community College District
DT 213 Nutrition Practicum I

CREDIT HOURS: 4.00

CONTACT HOURS: .00

COURSE DESCRIPTION:
This practicum course offers each student the opportunity to explore the nutritional needs of people in the various phases of life, from birth through the elderly years. Students use the public health model and the interdisciplinary approach to assessing the nutrient requirements, developing care plans and delivering sound nutrition advice for clients. Students are assigned to public health clinics, nursing homes, senior feeding programs, Headstart centers and Detroit Public Schools.

Students observe and then practice the techniques of clinical nutrition care. An emphasis is placed on problem identification and problem solving from the perspective of the Dietetic Technician in clinical care. This practicum requires students to participate in 20 on-site sessions and scheduled seminars.

CO-REQUISITES: DT 210

EXPECTED COMPETENCIES:
Upon successful completion of this course, the student will:

• Perform ethically in accordance with the Code of Ethics for the Profession of Dietetics

• Participate in professional activities

• Apply knowledge of the nutrition needs of various ethnic groups, their socio-economic conditions and cultural food habits.

• Develop teaching strategies and tools for use in counseling

• Use knowledge of the principles of nutrition, to meet client’s needs for meal planning, food selection, and preparation

• Calculate diets for special needs in foods, formulas, and supplemental feedings as needed.

• Use appropriate data to assess nutrition needs of clients to include anthropometrics, BMI, biochemical, dietary, socio-economics, and food drug interactions, growth charts, etc.

• Observe and practice basic interviewing and counseling techniques in nutrition counseling to effect a behavior change.

• Develop and record nutrition care plans for clients in various stages of the lifecycle using appropriate forms.
• Participate in planning, implementation and evaluation of nutrition education programs.

• Reference statistical data on current and emerging public health nutrition problems.

• Participate in community-based or worksite health-promotion/disease-prevention programs.
• Document appropriately a variety of activities.

• Review federal, state and local agency policies on legislation and regulations that influence nutrition services.

• Practice critical thinking skills.

• Use current information technology
• Develop a database of various community nutrition programs at the local, state and national level

**ASSESSMENT METHODS:**
Student performance may be assessed by examination, quizzes, case studies, oral reports, group discussion, written reports or presentations. The instructor reserves the option to employ one or more of these assessment methods during the course.

**GRADING SCALE:**
A  = 94% to 100%
B  = 87% to 93%
C  = 80% to 86%
D  = 73% to 79%
E  = less than 72%