Wayne County Community College District

COURSE SYLLABUS

NUR 210  Psychiatric Nursing

CREDIT HOURS:  3.00

CONTACT HOURS:  67.50

COURSE DESCRIPTION:
This course focuses on nursing care of clients/patients with psychiatric disorders. This course is organized according to metaparadigm concepts: client/patient, health, environment and nursing. Students continue to acknowledge the principles of critical thinking and the nursing process, legal and ethical issues in nursing practice, communication strategies, safety and infection control, cultural concepts and culturally responsive care, loss and grief, as well as, factors promoting physiological and psychosocial health through client/patient education that are integrated throughout the curriculum in this course. In level II, first semester, second year of the Nursing program, emphasis is on the nursing student evolving into the role of professional nurse and the responsibilities this entails. New nursing skills that the student will demonstrate in the clinical are specific to the care of the psychiatric client/patient. This course includes a clinical component.


EXPECTED COMPETENCIES:
Upon successful completion of this course, the student will be able to:

1. Demonstrate a basic understanding of foundations theories and therapies in psychiatry.
2. Recognize and explain the legal and ethical issues relating to the mentally ill client, his family and the community.
3. Describe the historical changes, the need to understand cultural differences and the ongoing evolution of psychiatric nursing.
4. Utilize therapeutic use of self in the basic of psychiatric nursing: communication, interviewing, nurse/client relationships, nursing process, and the various theories guiding nursing intervention with the mentally ill client, his family and the community.
5. Describe the etiology, symptoms and treatment of clients in crisis: family abuse and rape/trauma abuse.
6. Apply the nursing process within the context of person, environment and health utilizing holistic approaches to assist the client to optimal potential.
7. Describe the etiology, symptoms and treatment of clients with anxiety and personality disorders.
8. Describe the etiology, symptoms and treatment of clients with mood, thought and self-destructive behavioral disorders.
9. Identify and recognize the effects of stressors of daily living on the individual’s adaptive mechanisms.

10. Utilize the nursing theories and nursing process in planning and providing care for clients with disorders of regulation.

11. Identify specific aspects of the holistic approach in caring for clients from special populations; physically ill, homeless, incarcerated, child, adolescent and the elderly.

12. Describe the changing focus of mental health care in the community.

**ASSESSMENT METHODS:**
Student performance may be assessed by examination, quizzes, case studies, oral conversation, group discussion, oral presentations. The instructor reserves the option to employ one or more of these assessment methods during the course.

**GRADING SCALE:**
90%-100% = A
80%-89.9% = B
70%-79.9% = C
60%-69.9% = D
<60% = E