SPECIAL GUEST SPEAKERS –

**TeeAira Averette, Brandon Denson and Kylene Redmond**

At the age of 16, **TeeAira Averette** was diagnosed with Type 1 Diabetes. TeeAira uses her communications background and a podcast to share her story of leading a full and successful life with Type 1 Diabetes with others.

**Brandon A. Denson** was diagnosed with Type 1 diabetes shortly after his 17th birthday. He continues to be a positive influence in the diabetes community as an active coach and mentor to children and teens with Type 1 Diabetes.

**Kylene Redmond** is a Consultant for Behavioral Health with Inova Health-care Systems. She is the founder of Blackdiabetic Girl which focuses on diversity and inclusion of people of color in the diabetic community and hosting support groups/meet ups for those in the area. She is also the founder of a new podcast she has with her girlfriends called “Chatting with everyday diabetics.”

**Participants attending this seminar will:**

- Learn about topics including physical activity, and how to work with health care providers
- Learn the signs and symptoms
- Planning and problem solving skills
- Free parking
- DJ, beauty tips from the glamour team, face painting, fitness class, lunch, prizes, and many more fun activities!

**OPEN TO THE PUBLIC AT NO COST**

Scan the QR code with your phone or Sign up at: https://bit.ly/2nxg5D3

FOR MORE INFORMATION, VISIT WWW.WCCCD.EDU OR CALL 313-496-2600