CREDIT HOURS: 3.00

CONTACT HOURS: 45.00

COURSE DESCRIPTION:
The focus of this course is student development of self-perception, self-understanding and self-growth through group interactions with other students in interpersonal competence acquisition groups. Students will examine their personal values, beliefs, motivations and goals.

All students pursuing certificates and degrees in Child Care Training, Corrections, Law Enforcement Administration, Mental Health Worker, Pre-Social Work, Registered Social Work Technician, and Substance Abuse Counseling are required to complete this course.

PREREQUISITES: NONE

EXPECTED COMPETENCIES
Upon successful completion of this course, the student will:
1. Define interpersonal competence
2. Define positive feedback
3. Demonstrate their capacity to practice giving and receiving positive feedback
4. Demonstrate their willingness and capacity to lead large and small group discussions
5. Demonstrate their willingness to enter more understanding, accepting and personal relationships with other persons
6. Demonstrate knowledge of the difference between thinking and feeling, between thoughts and feelings
7. Demonstrate knowledge of the difference between evaluative and non-evaluative feedback
8. Recognize congruency and incongruency in behaviors, attitudes, thoughts, and feelings of themselves and other persons
9. Formulate statements from questions

ASSESSMENT METHODS:
Student performance may be assessed by examination, quizzes, case studies, oral conversation, group discussion, oral presentations. The instructor reserves the option to employ one or more of these assessment methods during the course.

GRADING SCALE:
90%-100% = A
80%-89.9% = B
70%-79.9% = C
60%-69.9% = D
<60% = E