



# Wayne County Community College District

## COURSE SYLLABUS

### MEH 100 Introduction to Mental Health

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**CREDIT HOURS:** 3.00

**CONTACT HOURS:** 45.00

**COURSE DESCRIPTION:**

This course is an introduction to community mental health. This will provide students with the principles, values, attitude and skills needed to provide quality care in a community mental health setting. This is a foundation course with the intent to provide students with readily understandable set of principles that will enable them to talk with, engage, understand, and develop collaborative goals with mentally ill persons.

**EXPECTED COMPETENCIES:**

Upon completing the course students will be able to demonstrate in verbal and written discussion:

- Provide an overview of the development of mental health in America,
- Provide an overview of the thirty plus years of deinstitutionalization of mental health in Michigan,
- Provide information about contemporary concepts of consumerism, recipient rights, person-centered services, recovery, self-determination, and contemporary systems of managed care.
- Provide legal information on mental health issues.
- Knowledge of the conceptual definitions of mental health and mental illness.
- Knowledge of the evaluation of current mental health diagnostic and treatment programs including residential and out-patient treatment services.
- Knowledge of the varying programs for mental health treatment services – including public, private, and voluntary funding.
- Knowledge of legal authority and implications for distinguishing voluntary and involuntary treatment.
- Knowledge of the descriptive qualifications, roles, methods, and techniques of mental health team treatment technicians.
- Understand the development of the current community mental health system.
- Understanding key mental health concepts.
- Understand and evaluate mental health findings presented in the popular press.
- Development of critical thinking and analytical skills.
- Understand career paths available in mental health.
- Learn how to research a topic in mental health, review the literature and/or evidence on a topic of interest and present findings.

**ASSESSMENT METHODS:**

Student performance may be assessed by examination, quizzes, case studies, oral conversation, group discussion, oral presentations. The instructor reserves the option to employ one or more of these assessment methods during the course.

**GRADING SCALE:**

90%-100% = A  
80%-89.9%= B  
70%-79.9%= C  
60%-69.9%= D  
<60% = E