

Wayne County Community College District

COURSE SYLLABUS

PNE 106 Basic Concepts of Mental Health Nursing

CREDIT HOURS: 3 CONTACT HOURS: 45

COURSE DESCRIPTION:

This course is designed to promote the understanding that all nursing has a behavioral health component. Principles of mental health are taught, as well as characteristics and treatment of mental health disorders, and domestic violence recognition and interventions. Therapeutic nursing techniques emphasizing communication skills, normal and abnormal behaviors, treatment modalities and developmental needs are applied to meet the psychological needs of the client and to foster the nurse-client relationship.

This course provides an overview of psychosocial adaptation and coping concepts used when caring for clients with acute and chronic alterations in mental health in a variety of settings.

PREREQUISITE: PN 100, PN 101, PN 102, PN 103, PN 104, PN 105

LEARNING OUTCOMES:

Upon successful completion of this course, the student will be able to:

- 1. Demonstrate the ability to assist clients in maintaining psychosocial integrity through the use of the nursing process.
- 2. Define terms associated with psychiatric and mental health nursing.
- 3. Explain selected theories related to mental illness.
- 4. Explain the various roles related to mental health.
- 5. Explain legal and ethical issues associated with psychiatric and mental health nursing.
- 6. Identify the practical nurse's use of the Diagnostic and Statistical Manual of Mental Disorders, Text Revised (DSM-IVTR).
- 7. Identify composition and functions of the multidisciplinary psychiatric team.
- 8. Define key terms associated with treatment modalities.
- 9. Identify classifications, indications for use of psychopharmacology and nursing implications.

ASSESSMENT METHODS:

Teaching methodologies may include classroom lecture, class discussion, small group discussion, demonstration, return demonstration, focus on critical thinking, reading assignments, objective examinations, self-assessment, accessing internet resources, power point presentations, and case study analysis. In addition, in the skills areas teaching methodologies include activate participation in demonstration, return demonstration and written assignments. Assignment may vary based on content areas and course requirements. Weekly course objectives incorporate the concepts related to the role of the Practical Nurse.



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GRADING SCALE:

Grade	Points	Description	Current Grading Scale
А	4.0	Excellent	93% - 100%
В	3.0	Above Average	84% - 92.9%
С	2.0	Average	75% - 83.9%
D	1.0	Below Average	70% - 74.9%
E	0	Failure to complete course requirements - Unsatisfactory	<69.9%