



# Wayne County Community College District

## COURSE SYLLABUS

### PTT 101 Introduction to Physical Therapy

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**CREDIT HOURS:** 3.00

**CONTACT HOURS:** 45.00

**COURSE DESCRIPTION:** This course introduces students to the foundations and principles of the profession, the history of physical therapy, and the roles of the members of a rehabilitation team. Basic theory and practice of contemporary physical therapy are emphasized, with a detailed analysis of the boundaries between the physical therapist, the assistant, and the technician. Professional organizations including the American Physical Therapy Association (APTA) are discussed. The course also examines current issues and trends in physical therapy. *45 hours of direct instruction required. Must complete with a B- or better.*

**PREREQUISITES:** Restricted to PTT majors.

#### **EXPECTED COMPETENCIES:**

Upon completion of this course, the student will be able to:

- Describe the history and events that have influenced the physical therapy profession.
- Define the profession of physical therapy and understand the organizational structure, planning and operations as well as the role it plays in the health care system.
- Understand how the profession of physical therapy interacts with professional associations, legal and regulatory bodies.
- Outline the essential characteristics of various types of health care institutions such as hospitals, skilled-nursing facilities, rehabilitation centers, outpatient clinics, industrial rehabilitation centers, governmental agencies, proprietary facilities, and non-profit facilities.
- Define the interdisciplinary approach to physical rehabilitation and its impact on patient care identifying other health care workers and understanding their role in the health care system.
- Understand how legislative acts and recent changes in the health care delivery and payment systems (i.e. Medicare, Medicaid) impact the profession of physical therapy.
- Describe the roles and relationships of the physician, physical therapist, physical therapist assistant and physical therapy aide or technician in the practice of physical therapy by:
  - a. Defining the legal requirements and responsibilities of each.
  - b. Identifying the educational requirement of each.
  - c. Outlining a typical job description for a physical therapy aide or technician and physical therapist assistant
- Describe the structure, role, and function of the American Physical Therapy Association (APTA) by:
  - a. Defining the purpose of the APTA
  - b. Identifying the components of the APTA at state, local, and national levels and all special interest groups and sections.
  - c. Identify the APTA membership categories and benefits of enrolling.
- Demonstrate the ability to communicate an understanding of the purpose and function of the plan of care developed by the physical therapist to achieve short and long-term goals,
- Demonstrate and emerging understanding of the importance and use of Evidence-Based Practice in physical therapy.

#### **ASSESSMENT METHODS:**

Student performance may be assessed by examination, quizzes, case studies, oral conversation, group discussion, and oral presentations. The instructor reserves the option to employ one or more of these assessment methods during the course.

#### **GRADING SCALE:**

90%-100%	=	A
80%-89.9%	=	B
70%-79.9%	=	C
60%-69.9%	=	D
<60%	=	E