



Wayne  
County  
Community  
College  
District

# Mental Health

## PAY

The median annual pay for social and human service assistants was \$35,060 in May 2019.

## JOB OUTLOOK

Employment of social and human service assistants is projected to grow 13 percent from 2018 to 2028, much faster than the average for all occupations.

*Bureau of Labor Statistics, U.S. Department of Labor, Occupational Outlook Handbook, May 2020, Social and Human Service Assistants, on the Internet at <http://www.bls.gov/ooh/community-and-social-service/social-and-human-service-assistants.htm>*

## ABOUT THE PROGRAM

The Mental Health Associate of Applied Science Degree and College Certificate program cover the fundamentals of mental health with a concentration in such areas as group process, social science, psychopathology and preventive and rehabilitative therapies.

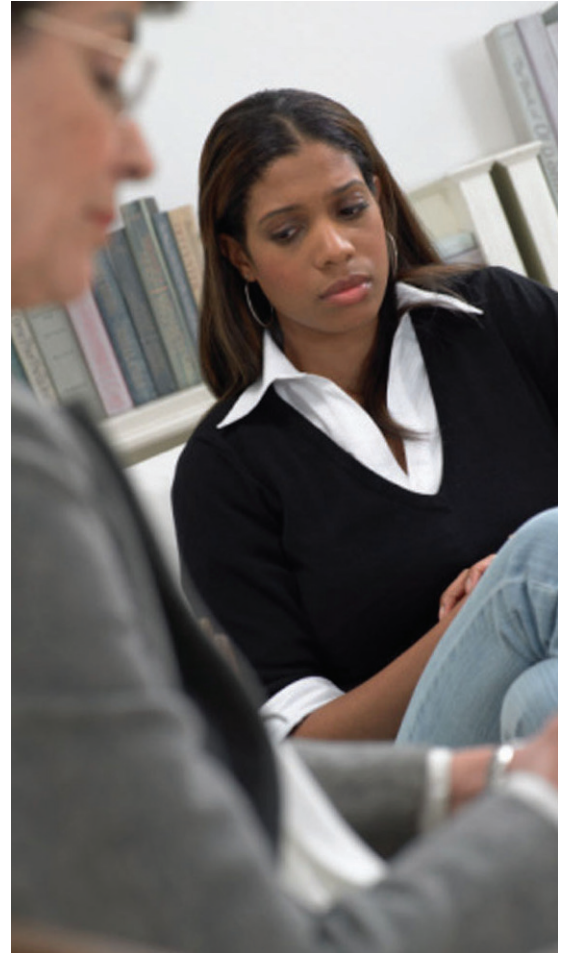
Clinical and classroom trainings familiarize students with the delivery of services to adult clients. Students also study interviewing techniques and the dynamics of interpersonal relationships. The curriculum is designed for those who desire employment in human service settings.

## WHAT DO MENTAL HEALTH WORKERS DO?

Social and human service assistants help people get through difficult times or get additional support. They help other workers, such as social workers, and they help clients find community services. For people with mental illnesses, social and human service assistants help clients find resources to cope with their illness. They find self-help and support groups to provide their clients with an assistance network. In addition, they help those with more severe mental illnesses care for themselves by finding personal care services or group housing.

## WHERE DO THEY WORK?

Social and human service assistants work for nonprofit organizations, for-profit social service agencies, and state and local governments. They generally work full time, and some work nights and weekends.



## Recommended Sequence of Courses

### Mental Health: College Certificate

CR. No.	COURSE TITLE	CREDITS
<b><u>SEMESTER 1</u></b>		
ENG 119	English 1 . . . . .	3
MEH 100	Introduction to Mental Health . . .	3
HUS 135	Professionalism in Human Services . . . . .	3
PSY 101	Introductory Psychology . . . . .	3
<b>SEMESTER TOTAL . . . . .</b>		<b>12</b>

### **SEMESTER 2**

ADD 103	Co-Occurring Disorders . . . . .	3
SW 108	Case Documentation . . . . .	2
SW 110	Case Management and Service Care Navigation . . . . .	3
SW 105	Social Work Field Instruction I . . .	4
<b>SEMESTER TOTAL . . . . .</b>		<b>12</b>

### **SEMESTER 3**

MEH 120	Direct Care Services in Community Settings . . . . .	3
MEH 130	Mental Health and Criminal Justice . . . . .	3
MEH 240	Psychopathology and Behavior I . .	3
SW 106	Social Work Field Instruction II . .	4
<b>SEMESTER TOTAL . . . . .</b>		<b>13</b>
<b>CERTIFICATE TOTAL . . . . .</b>		<b>37</b>

*Notes: Certificate total hours may not include prerequisites*

### Mental Health: Associate of Applied Science (A.A.S)

CR. No.	COURSE TITLE	CREDITS
<b><u>SEMESTER 1</u></b>		
ENG 119	English 1 . . . . .	3
MEH 100	Introduction to Mental Health . . .	3
HUS 135	Professionalism in Human Services . . . . .	3
PSY 101	Introductory Psychology . . . . .	3
<b>SEMESTER TOTAL . . . . .</b>		<b>12</b>

### **SEMESTER 2**

ENG 120	English II . . . . .	3
SW 108	Case Documentation . . . . .	2
SW 110	Case Management and Service Care Navigation . . . . .	3
ADD 103	Co-Occurring Disorders . . . . .	3
MEH 120	Direct Care Services in Community Settings . . . . .	3
<b>SEMESTER TOTAL . . . . .</b>		<b>14</b>

### **SEMESTER 3**

MEH 130	Mental Health and Criminal Justice . . . . .	3
MEH 140	Mental Health and Legal Information . . . . .	3
HUS 200	Group and Social Process . . . . .	4
MEH 240	Psychopathology and Behavior I . .	3
<b>SEMESTER TOTAL . . . . .</b>		<b>13</b>

### **SEMESTER 4**

SPH 101	Fundamentals of Speech . . . . .	3
Elective:	Natural Science with LAB . . . . .	4
PS 101	American Government . . . . .	3
MEH 144	Field Work I: Placement . . . . .	4
<b>SEMESTER TOTAL . . . . .</b>		<b>14</b>

### **SEMESTER 5**

Elective:	Humanities . . . . .	3
Elective:	Social Science . . . . .	3
MEH 226	Field Work II . . . . .	4
<b>SEMESTER TOTAL . . . . .</b>		<b>10</b>
<b>A.A.S. PROGRAM TOTAL . . . . .</b>		<b>63</b>

*Note: Program total hours may not include prerequisites.*