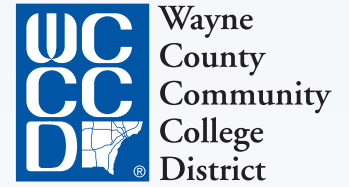
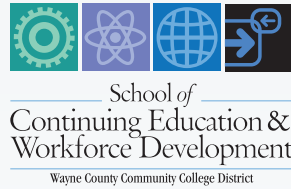


TYPE 1 IN THE "D"



SATURDAY, NOVEMBER 23, 2019
12 NOON - 3:00 P.M.

WAYNE COUNTY COMMUNITY COLLEGE DISTRICT
NORTHWEST CAMPUS
8200 OUTER DRIVE • DETROIT, MI 48219

This workshop will examine Type 1 Diabetes and the affects in the community among African American youth.

Participants attending this seminar will:

- ◆ Learn about topics including meal planning and healthy eating, stress management, physical activity, and how to work with health care providers
- ◆ Learn the signs and symptoms
- ◆ Planning and problem solving skills
- ◆ Free parking and transportation provided
- ◆ DJ, beauty tips from the glamour team, fitness class, karaoke, pizza and many more fun activities!

OPEN TO THE PUBLIC AT NO COST



WAYNE STATE
UNIVERSITY



Scan the QR code with your phone or Sign up at:
<https://bit.ly/2nxg5D3>
Visit our website:
<https://bit.ly/2wRotP5>

FOR MORE INFORMATION, VISIT WWW.WCCCD.EDU OR CALL 313-496-2600

Follow Us!

